
We're Moving!

Valley Behavioral Medicine is Relocating

VBM providers:

Dr. Raymond Alderfer

Dr. Lawrence Conell

Mary Atkins, Nurse Practitioner

Dr. Young Bae

Dr. Jeffrey Lightner

Our office will be relocating to:

**RMH Wine-Price Building
752 Ott Street, Harrisonburg**

The move is scheduled for:
Nov. 16 & 17.

Our office will be ready for
business at the new location:
Nov. 20.



If you have any questions, please call 540-564-7007, or 1-877-743-6416.

- We will be checking our voice mail messages during this move.
- If your call is urgent and you need to speak with someone immediately please call RMH at 433-4100 and they will direct your call.

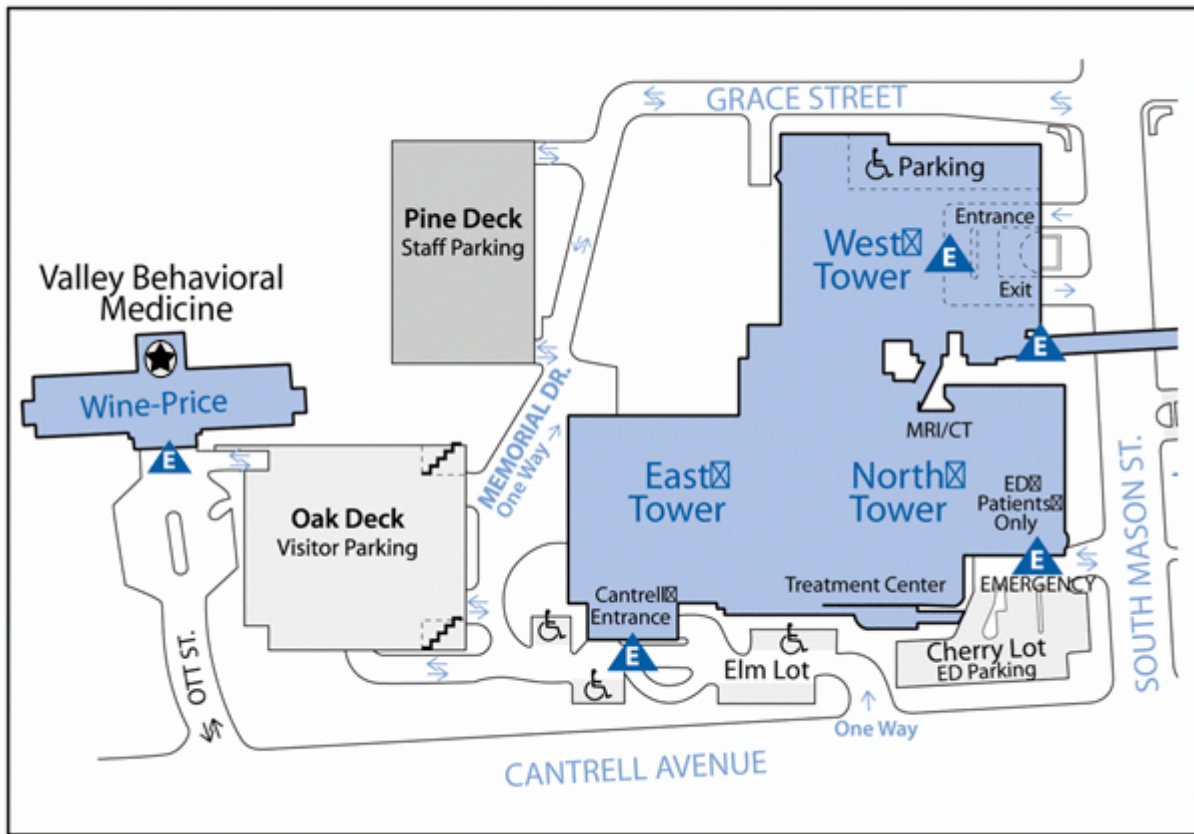
Driving directions and map to the new location on back.



Valley Behavioral Medicine

540-564-7007
1931 Medical Avenue
Harrisonburg, VA 22801
RMHOnline.com

RMH: We're here for you.



Driving Directions From Current Location

1. Start out going North on Medical Ave. toward University Blvd.
2. Turn left onto University Blvd.
3. Turn right onto Reservoir St.
4. Turn left onto Cantrell Ave.
5. Turn left onto Ott Street.

Total estimated time: 5 minutes Total estimated distance: 1.75 miles