



Parenting Education and Support (“PEAS”)

2011-12 Schedule

***Classes are FREE -and dinner and childcare are provided!**

(*In order to complete the class without cost, parents must attend 10 of the 12 weeks and complete a pre and post-test.)

Programs for Parents

- All About Baby -- for parents of children under 2 years
- The Incredible Years -- for parents of children ages 2-8
- Los Años Increíbles -- taught in Spanish for parents of children ages 3–11
- Staying Connected with Your Teen -- for parents of children ages 9-17

Programs for Children

- SMART Moves – for children ages 6 – 10
- Milestones – for children ages 3 – 5
- Childcare – for kids 2 years and younger

WHEN: Every Tuesday night from 6-8 p.m. for 12 weeks
beginning September 20, 2011.
The next class will begin January 10, 2012 then April 10, 2012

WHERE: Lucy F. Simms Continuing Education Center
620 Simms Avenue in Harrisonburg (where the Boys & Girls Club is located)

To register call HealthSource at 433-4580