



Reducing risk factors and increasing protective factors in youth under the age of 18.

Parenting Education and Support (“PEAS”) 2009-10 Schedule



Programs for Parents

All About Baby--for parents of children under 2 years

The Incredible Years--for parents of children ages 2-8 years

Los Años Increíbles--taught in Spanish for parents of children ages 3–11

Staying Connected with Your Teen--for parents of children ages 9 – 17

Programs for Children

All Stars -- for children ages 11-14

SMART Moves – for children ages 6 – 10

Milestones – for children ages 3 – 5

Childcare – for kids 2 years and younger

Pizza and childcare provided!

WHEN: Every Tuesday night from 6-8 p.m. for 12 weeks.
Classes begin September 22, 2009, January 19, and April 13, 2010.

WHERE: Lucy F. Simms Continuing Education Center, 620 Simms Ave.,
Harrisonburg (where the Boys & Girls Club is located).

In order to complete the class, parents must attend 10 of the 12 weeks and complete a pre- and post-test. The fee for the 12-week class is \$75.00 per family. **To register call HealthSource at 433-4580.**